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LIFESAVING LIFELONG LEARNING

IN ASSOCIATION WITH:



**British
Red
Cross**



The Mark Scott Leadership For Life Award

PARLIAMENTARY RECEPTION 2014
CELEBRATING 16 YEARS OF THE AWARD

OUR STORY

IN THE OCTOBER OF 2015, JACOB JENKINS, A TWO YEAR OLD BOY, CHOKED ON A GRAPE WHILE EATING IN PIZZA HUT WITH HIS PARENTS AND WAS RUSHED TO HOSPITAL, BUT SADLY DIED AFTER BEING PUT INTO AN INDUCED COMA. IT IS POSSIBLE THAT IF FIRST AID HAD BEEN AVAILABLE IN THE SITUATION, JACOB MAY HAVE LIVED. PREVENTABLE DEATHS OCCUR ALL TOO OFTEN AND PROVIDING SOMETHING AS SIMPLE AS BASIC FIRST AID KNOWLEDGE IS THE FIRST STEP IN REDUCING CASES LIKE JACOBS AND SO THE IDEA FOR FIRST AID FIRST CAME TO BE.

OUR AIMS:

- PROVIDE LIFESAVING SKILLS AT AN EARLY STAGE
- DELIVER COURSES IN A FUN AND ENGAGING WAY THAT WILL ENSURE THE KNOWLEDGE IS LIFELONG
- PROVIDE THESE FREE COURSES TO AT LEAST 60 CHILDREN
- RAISE AWARENESS ABOUT THE IMPORTANCE OF FIRST AID
- TO MAKE FIRST AID FREE AND AVAILABLE IN OUR LOCAL COMMUNITY

OUR COMMUNITY

Why set up First Aid Workshops in Cumbernauld?



**FIRST
AID
FIRST**
LIFESAVING LIFELONG LEARNING

IN ASSOCIATION WITH


 stv News



First Aid: The Facts

9/10 TEENAGERS
HAVE EXPERIENCED
SOME KIND OF
MEDICAL EMERGENCY.



8 MINUTES

THE AVERAGE
WAITING TIME
FOR AN
AMBULANCE



3-4 MINUTES

THE TIME A BLOCKED
AIRWAY CAN KILL
SOMEONE IN.



TWO THIRDS OF PEOPLE IN THE
UK WOULDN'T FEEL CONFIDENT
ENOUGH TO TRY AND SAVE A
LIFE

2 IN 3

80%

OF TEENAGERS SAY THEY
WOULD FEEL SAFER IF THEY
HAD SOME BASIC FIRST AID
KNOWLEDGE

3 HOURS

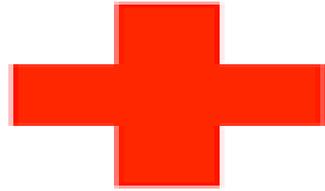
THE AVERAGE TIME IT
TAKES TO LEARN BASIC
FIRST AID



150,000

THE NUMBER OF LIVES THAT COULD BE SAVED
EACH YEAR IN THE UK IF MORE PEOPLE HAD
BASIC FIRST AID KNOWLEDGE.

OUR TRAINING



British Red Cross



THE COURSE

EMERGENCY:

You have found someone lying on the floor. Before you try to help, you must check that the area around you is safe.



Check for breaths.



Tilt their head backwards.



Watch their chest for movement



Check with your cheek



Personal Safety First!

You must look at the situation and the area around your casualty to ensure it is safe before attempting to help. Under no circumstances should you enter a situation if there is any risk to you!



What do I do when someone is unresponsive and breathing?



You must check if the person is responsive. You can. Do this by announcing that you are there, calling on them and shaking them by the shoulders.



Move them onto their side and tilt their head back. (Recovery Position)



Roll the casualty to their back.



Roll them onto their side and tilt their head back.



Tilt their head to help you roll them over.



Grasp their thumb.



Use their leg as a lever and pull the casualty into their side.



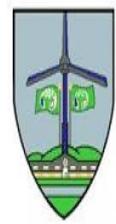
Tilt their head up and make sure they are safe.



Let's Practice!

1. Instruct your FAF Guide and have them put someone in the recovery position.
2. Put your FAF Guide in the recovery position as a group.
3. Practice in pairs.





RESULTS AND FEEDBACK

Feedback Sheet 1

On a scale of 1-10, how much First Aid knowledge do you feel you have? Circle your answer.

1 2 3 4 5 6 7 8 9 10

How confident would you feel about helping in an emergency? Circle your answer.



Before today, have you ever been taught any First Aid? Circle your answer.

YES

NO

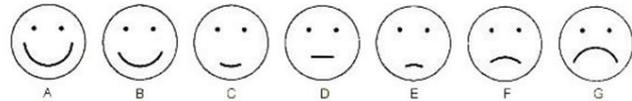


Feedback Sheet 2

On a scale of 1-10, how much First Aid knowledge do you feel you have? Circle your answer.

1 2 3 4 5 6 7 8 9 10

How confident would you feel about helping in an emergency? Circle your answer.



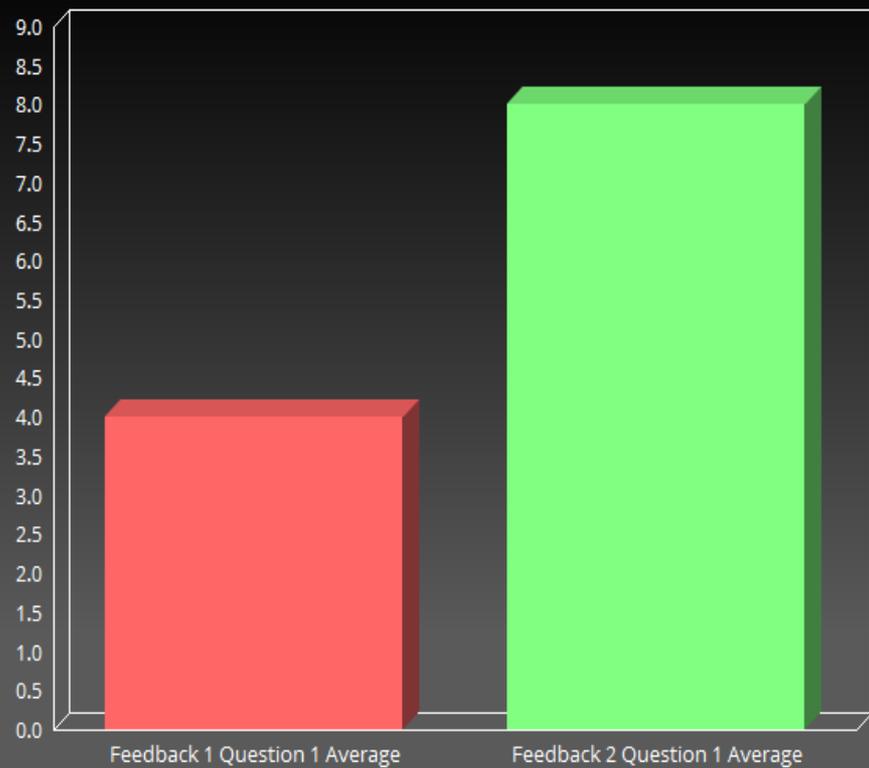
Would you recommend First Aid First to others?

YES

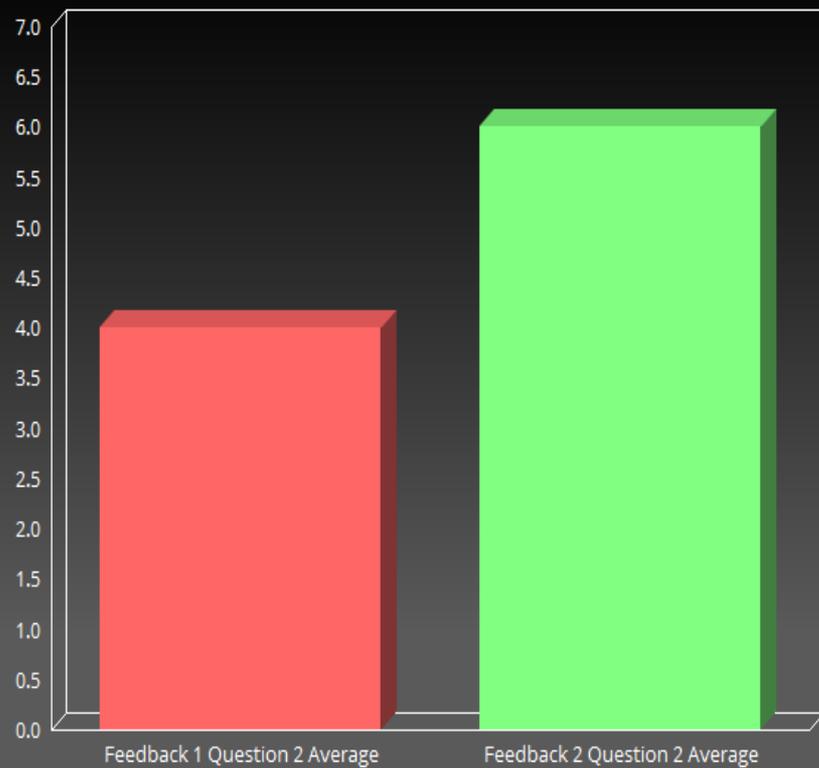
NO



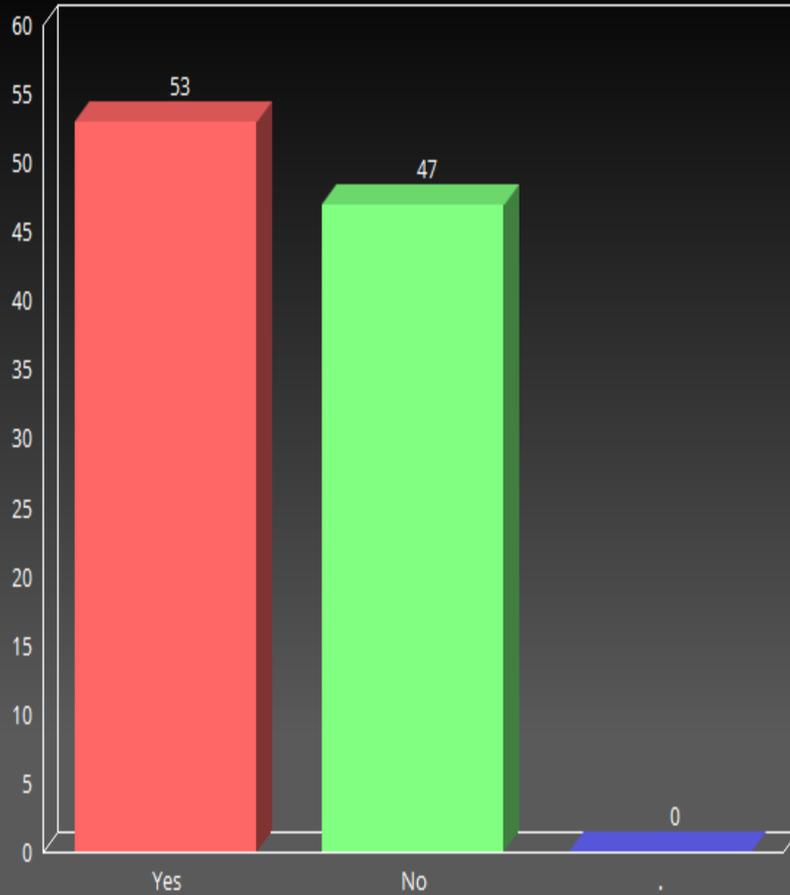
On a scale of 1-10, how much First Aid knowledge do you feel you have?



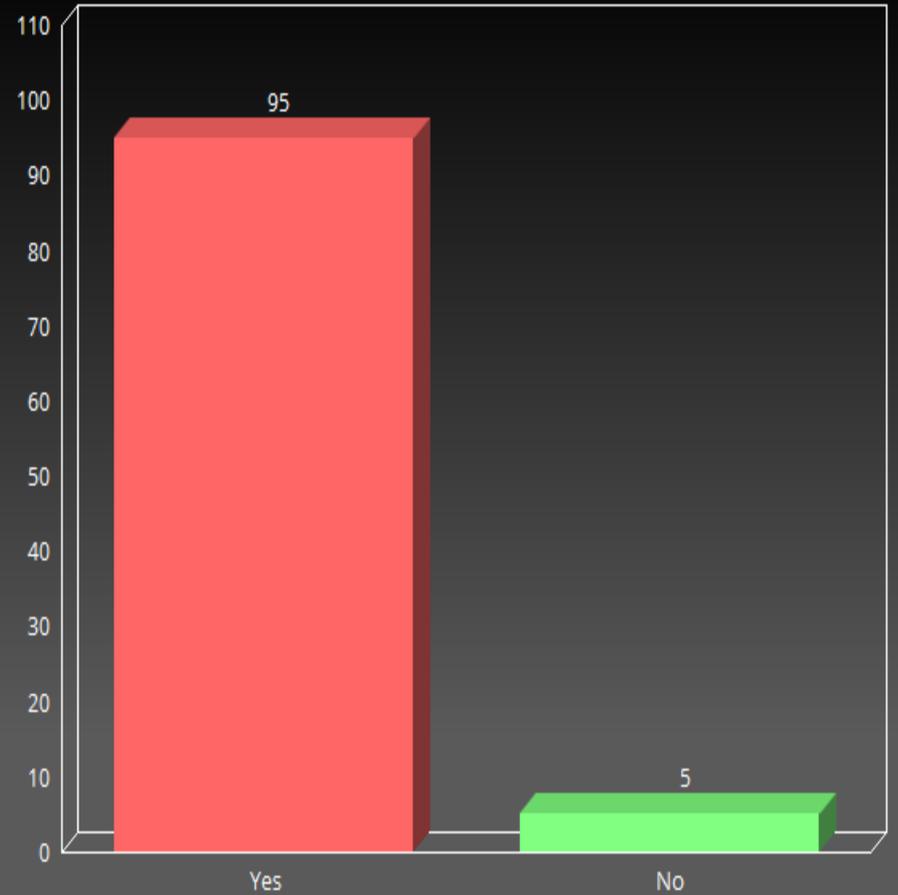
How confident would you feel about helping in an emergency?



Before today, have you ever been taught any first aid?



Would you recommend First Aid First?



WHAT NEXT?

**FINALISE OUR
LIST OF
PARTICIPATING
SCHOOLS AND
YOUTH CLUBS**

**CREATE
LEARNING
MATERIALS
TO GO WITH
THE COURSE**

**DELIVER THE
COURSES AND
LEARNING
MATERIALS**

NOVEMBER

**BEGIN THE
TRAINING
PROCESS!**

DECEMBER

**FINALISE
DATES WITH
PARTICIPATING
SCHOOLS AND
YOUTH CLUBS**

JANUARY

**REVIEW AND
EVALUATE
PROJECT**

THANK YOU FROM ALL OF

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