



# Healthy Working Lives

The Scottish Centre for Healthy Working Lives

[www.healthyworkinglives.com](http://www.healthyworkinglives.com)

0800 0192211



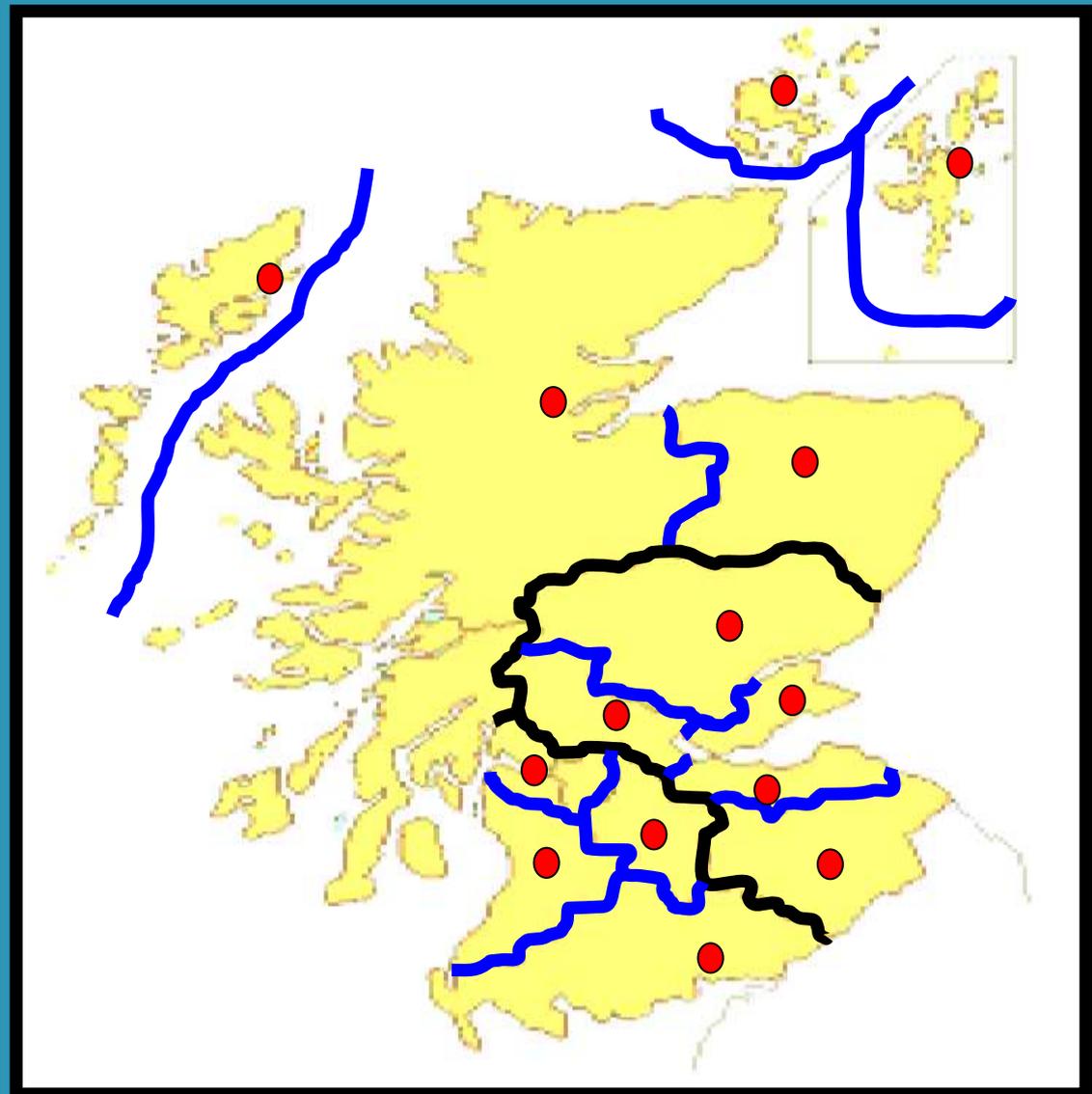
# Scottish Centre for Healthy Working Lives

14 Health Board areas

FREE services

Health and Safety  
Health Promotion  
Occupational Health

0800 0192211



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## Welcome to the Scottish Centre for Healthy Working Lives

We're here to help employers create a safer, healthier and more motivated workforce. We work with all kinds of businesses, completely free of charge, offering practical information and advice to help improve health and safety and the wellbeing of everyone at work.

A healthier workforce really does make for a healthier business. Our website is full of practical advice, guides and tools to help with every aspect of health, safety and wellbeing in the workplace.

Follow @HWS\_HWL  500 followers



Our Health Risks at Work initiative provides practical information to help you identify and manage common health risks in your workplace.

### Find advice on

- [Licensing and policy](#)
- [Injuries in the workplace](#)
- [Health risks at work](#)
- [Equipment and workplace safety](#)
- [Promoting health at work](#)

[View all advice](#)

### Adviseline

If you'd rather talk directly to us, then call our free [adviseline](#) for a confidential chat on a wide range of workplace health issues.

## 0800 019 2211

Adviseline open:

8am - 5pm Mon - Thur,

8am - 4.30pm Fri

Alternatively, email a question or request a call back using our [contact form](#)



### Workplace visits and Events

Our network of Healthy Working Lives advisers can [visit your workplace](#) to offer guidance on common workplace health issues.

From health and safety training to health promotion, we offer a wide range of free [events](#) throughout Scotland.



### Healthy Working Lives Awards

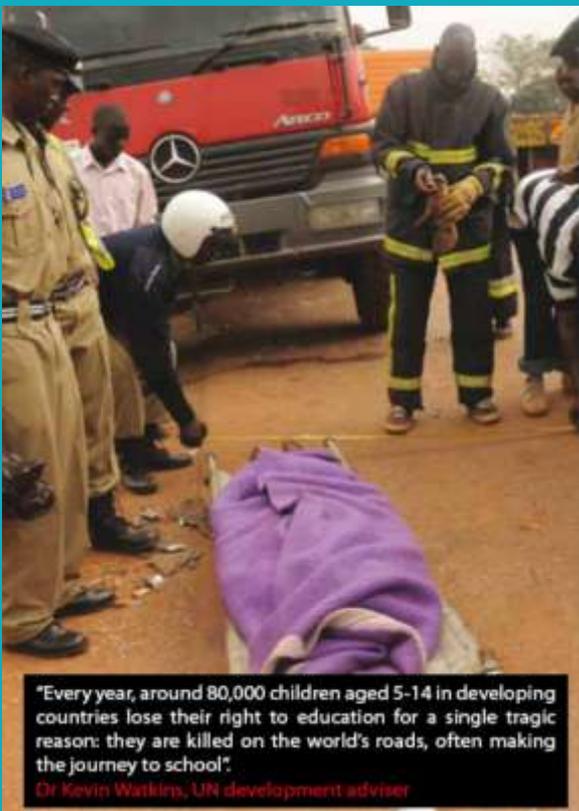
Our structured [award competitions](#) help employers and employees to reap the benefits of promoting health, safety and wellbeing in the workplace.



### Subscribe to our newsletter

[Subscribe to our bi-monthly newsletter](#) to keep up-to-date with workplace health, safety and wellbeing news and events.



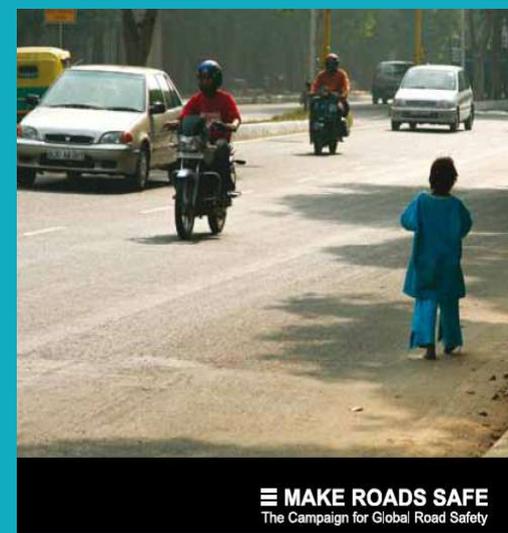


"Every year, around 80,000 children aged 5-14 in developing countries lose their right to education for a single tragic reason: they are killed on the world's roads, often making the journey to school".  
 Dr Kevin Watkins, UN development adviser



Southwest airlines

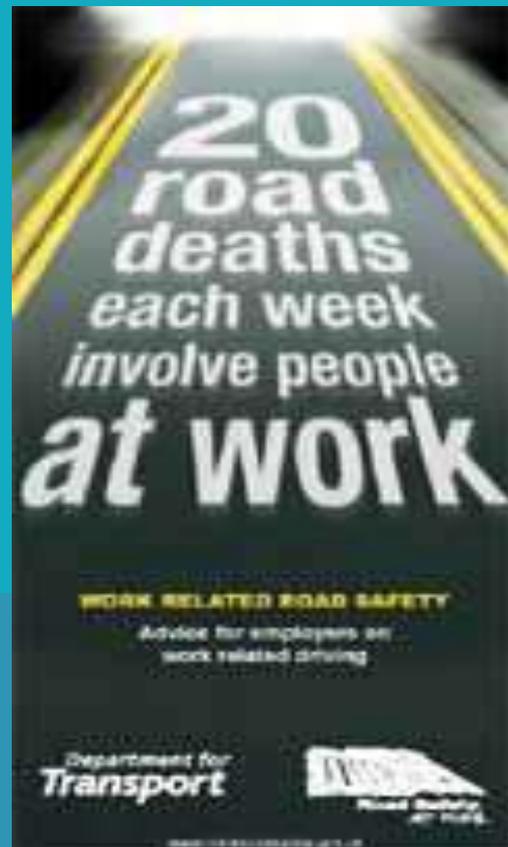
X61



**MAKE ROADS SAFE**  
 The Campaign for Global Road Safety



Glasgow School of art walking tour



**20**  
 road  
 deaths  
 each week  
 involve people  
 at work

**WORK RELATED ROAD SAFETY**

Advice for employers on work related driving

Department for  
**Transport**





ABI - Association of British Insurers

Website: [www.abi.org.uk/](http://www.abi.org.uk/)



ACPOS - Association of Chief Police Officers in Scotland

Website: [www.acpos.police.uk/](http://www.acpos.police.uk/)



Glasgow City Council

Website: [www.glasgow.gov.uk/](http://www.glasgow.gov.uk/)



HSE - Health and Safety Executive

Website: [www.hse.gov.uk/](http://www.hse.gov.uk/)



Argyll & Bute Council

Website: [www.argyll.bute.gov.uk/](http://www.argyll.bute.gov.uk/)



Freight Transport Association

Website: [www.fta.co.uk/](http://www.fta.co.uk/)



Institute of Road Safety Officers

Website: [www.irso.org.uk/](http://www.irso.org.uk/)



Road Safety Scotland

Website: [www.roadssafetyscotland.com/](http://www.roadssafetyscotland.com/)



RoSPA : Royal Society for the Prevention of Accidents

Website: [www.rospa.com/](http://www.rospa.com/)



Scottish Ambulance Service

Website: [www.scottishambulance.com/](http://www.scottishambulance.com/)



Scottish Community Safety Network

Website: [www.communitysafetyscotland.org/](http://www.communitysafetyscotland.org/)



The Scottish Government

Website: [www.scotland.gov.uk/](http://www.scotland.gov.uk/)



Scottish Borders Council

Website: [www.scotborders.gov.uk/](http://www.scotborders.gov.uk/)



Scottish Chamber of Safety

Website: [www.scos.org.uk/](http://www.scos.org.uk/)



Scottish Centre for Healthy Working Lives

Website: [www.healthyworkinglives.com/](http://www.healthyworkinglives.com/)



South Lanarkshire Council

Website: [www.southlanarkshire.gov.uk/](http://www.southlanarkshire.gov.uk/)



European Road Safety Charter



Chief Fire Officers Association Scotland

Website: [www.cfoas.co.uk/](http://www.cfoas.co.uk/)



STUC - Scottish Trade Union Congress

Website: [www.stuc.org.uk/](http://www.stuc.org.uk/)

# ScORsa

Driving forward  
road safety  
in Scotland

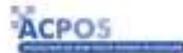
scottish occupational road safety alliance

# www.scorsa.org.uk

# ScORSA DRIVING RISKS AT WORK TOOLKIT

This ScORSA Driving Risks at Work toolkit consists of:

- A ScORSA DR@W Guide
- 12 Situation Cards for group discussion
- A partitioned DVD comprising:
  - Driving Risks at Work film
  - EVERYDAY film depicting three real life scenarios
  - Additional resources



ScORSA DRIVING RISKS AT WORK TOOLKIT



ScORSA

ScORSA DRIVING RISKS AT WORK TOOLKIT





- [Home](#)
- [News](#)
- [What is ScORSA?](#)
- [What is Road Risk?](#)
- [How to Join ScORSA](#)
- [The ScORSA Statement](#)
- [Partners](#)
- [Resources](#)
- [Members](#)

## Welcome to ScORSA

### 'Managing Occupational Road Safety: an Opportunity for your Business'

As an employer, whether a large or small, private or public business, you should seek to develop a systematic approach to managing occupational road risk appropriate to your business. By doing so you can achieve the following benefits for your business:

- Reduce the number of accidents and injuries
- Comply with legal duties
- Avoid spiralling insurance costs
- Improve staff morale through making them safer drivers
- Enhance your company's reputation

The **Scottish Occupational Road Safety Alliance** (ScORSA) was created to provide free information and



*An introduction to the ScORSA Driving Risks at Work DVD.*

Find out more about the [Driving Risks at Work Toolkit...](#)



Exit Course



Course Map

&lt; Back

Next &gt;



## Navigation Information

There are nine main sections to this resource including the Introduction and Review.

- Introduction (pages 1-4)
- **Driving for Work** (5-14)
- **Managing Driving at Work** (15-23)
- **The Driver** (24-35)
- **The Vehicle** (36-46)
- **The Journey** (47-54)
- **Technology** (55-64)
- **When Things Go Wrong** (65-76)
- **Review** (77-88)

Each section has a submenu which lists all of the sub-sections of content within it. You can skip to different sections using the Course Map button on the top menu bar. We do recommend you work through the course in order. This will also help when you come to complete the final assessment in the Review section.

Please take a few minutes to familiarise yourself with the layout which will be used throughout the learning resource.

>> Please click the **next** button to continue.



Driving forward  
road safety  
in Scotland

[www.scorsa.org.uk](http://www.scorsa.org.uk)



**Healthy  
Working  
Lives**

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# UN Decade of Action for Road Safety 2011-2020





## 10 reasons + 10 years = Decade of Action

### Ten reasons to act on road deaths:

1. 1.3 million people are killed on the world's roads each year:
2. Road crashes kill more people than Malaria
3. 50 million people are injured, many disabled as a result.
4. 90% of these casualties occur in developing countries
5. Annual deaths are forecast to rise to 1.9 million by 2020
6. It is the No.1 cause of death for young people worldwide
7. By 2015 it will be the leading health burden for children over the age of five in developing countries
8. The economic cost to developing countries is at least \$100 billion a year
9. Injuries place immense burdens on hospitals and health systems
10. Road crashes *are* preventable

"Every year, around 80,000 children aged 5-14 in developing countries lose their right to education for a single tragic reason: they are killed on the world's roads, often making the journey to school".

Dr Kevin Watkins, UN development adviser

ENSURING THE DECADE *IS* ACTION

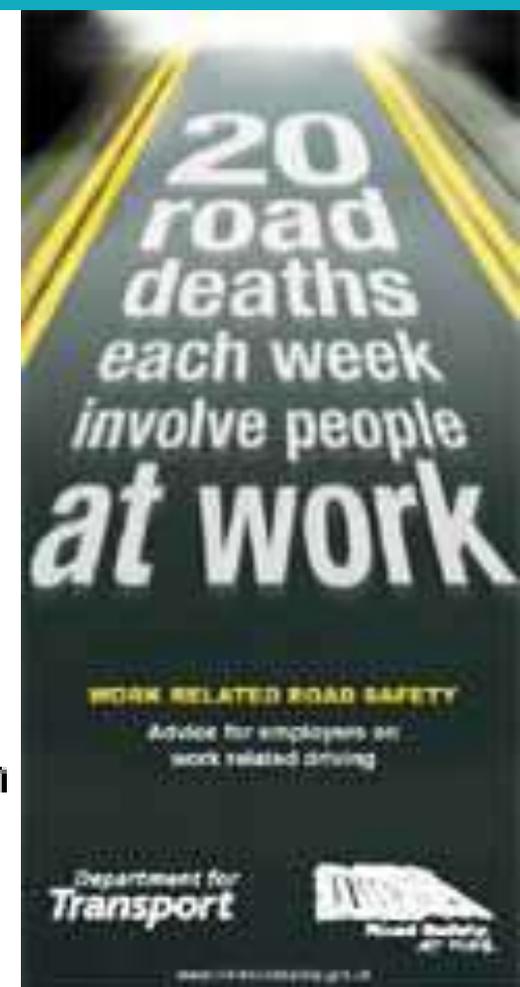
- **Killed** **216**
- **Seriously Injured** **2,296**
- **Slightly Injured** **12,545**
- **All Casualties** **15,030**



**Every Day in Scotland there are 41 reported casualties, of which 7 are either killed or seriously injured (2009)**

- **Up to 1/3<sup>rd</sup> road accidents involve someone who is driving in the course of their work. (as high as 60% in UK)**
- **Aprox 70 fatalities, 5000 casualties**

- **Inappropriate Speed**      900 deaths: 6,000 serious injuries
- **Drinking & Driving**      580 deaths. More than 10 years ago
- **Drugs**      18% fatalities taken cannabis
- **Inexperience**      38,800 people killed or seriously Injured in crashes with new driver
- **Fatigue**      **40% of fatigue driver accidents are at work**
- **Distraction**      24% of fatal or serious crashes  
Drivers 4 times more likely to crash
- **Illegal driving**      1 million+ drivers. 9 times more likely to crash



# ScORsa

scottish occupational road safety alliance



**ScORsa**

**ScORSA DRIVING  
RISKS AT WORK  
TOOLKIT**

# ScORsa

scottish occupational road safety alliance

Driving forward  
road safety  
in Scotland



[www.scorsa.org.uk](http://www.scorsa.org.uk)



**Go Safe**  
on Scotland's Roads  
it's **Everyone's**  
Responsibility

# ScORsa

scottish occupational road safety alliance



**ScORsa**

**ScORSA DRIVING  
RISKS AT WORK  
TOOLKIT**

